



DATE:

# DECIDING ON PURPOSE

IN LIGHT OF WHO I WANT TO BE IN THE WORLD,  
HOW DO I WANT TO SHOW UP IN THIS MOMENT?

Make a list of all the ways you want to show up as a human being moving forward. Imagine that you could take a pill, or press a button, and immediately have access to characteristics, personality traits, wisdom... Write whatever comes to mind.

The first thing that always comes to mind for me is that "I want to be someone who holds space for growth; my own and others."

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---